

Certificate of Completion

**6-WEEK PLAN  
FOR HEALTHY EATING**

This certificate is awarded to

Evgeniia Loik

for successfully completing the online course  
**6-Week Plan for Healthy Eating** from Harvard Health Publishing.

2024-08-21



Harvard Health Publishing  
**HARVARD MEDICAL SCHOOL**

*Not an accredited course.*

A handwritten signature in black ink, appearing to read 'Teresa Fung', written over a horizontal line.

Teresa Fung, Sc.D., R.D., L.D.N.  
Medical Editor

A handwritten signature in black ink, appearing to read 'Kathy McManus', written over a horizontal line.

Kathy McManus, M.S., R.D., L.D.N.  
Nutrition Editor